Kumeyaay Territory

For thousands of years and continuing to the present, the region that includes San Vicente Valley has been the homeland of the Kumeyaay Nation. Oral history and archaeological materials found here, including bedrock food grinding areas, rock shelters, tools, and ceramics, reflect Kumeyaay lifeways and are protected by tribal, state and federal laws. Sacred sites remain important to the Kumeyaay today.

A. Stone Arrowheads
B. Fish Hooks
C. Basket
D. Bedrock Grinding Area
E. Ceramic Vessel